Patient Priorities Care

POCKET CARD

STEP 1

Identify Health Priorities

Identify What Matters Most to the patient (Values). Ask the patient what gives their life meaning, purpose, joy, or satisfaction

Help patient identify their Health Goal - activities that reflect putting their values into action and are Specific, Realistic and Actionable enough to inform decision making

Ask patient what health problem (symptom, condition, health care task or medication) is most bothersome and keeps them from achieving their Health Goal

Put the One Thing together (Top Priority): "I want to focus on (most bothersome problem) so I can (Health Goal) more easily or often"

STEP 2

Align Care with Health Priorities

Review the patient's health priorities summary

Begin encounters with "What one thing do you most want to focus on that you think is keeping you from achieving your health goal (from Priorities Template)?"

Follow the care alignment strategies and troubleshooting for patient priorities-aligned decision-making

Document & Communicate patient priorities

patient priorities care
Age-Friendly Health Systems

GRECC
Geriatric Research Educatior and Clinical Center

U.S. Department of Veterans Affairs

Patient Priorities Care

POCKET CARD

STEP 1

Identify Health Priorities

Identify What Matters Most to the patient (Values). Ask the patient what gives their life meaning, purpose, joy, or satisfaction

Help patient identify their Health Goal - activities that reflect putting their values into action and are Specific, Realistic and Actionable enough to inform decision making

Ask patient what health problem (symptom, condition, health care task or medication) is most bothersome and keeps them from achieving their Health Goal

Put the One Thing together (Top Priority): "I want to focus on (most bothersome problem) so I can (Health Goal) more easily or often"

STEP 2

Align Care with Health Priorities

Review the patient's health priorities summary

Begin encounters with "What one thing do you most want to focus on that you think is keeping you from achieving your health goal (from Priorities Template)?"

Follow the care alignment strategies and troubleshooting for patient priorities-aligned decision-making

Document & Communicate patient priorities

patient priorities care
Age-Friendly Health Systems

GRECC
Geriatric Research Educatior and Clinical Center

U.S. Department of Veterans Affairs

Patient Priorities Care

POCKET CARD

TIPS

Use Patient's Priorities to ...

Consider which conditions, treatments and life circumstances/social determinants are affecting the most bothersome health problem or goals

Consider what current and potential interventions are consistent with health outcome goals and care preferences based on above step

Focus communication with the patient and colleagues

Guide serial trials to start, stop or continue interventions

Align decisions with priorities, especially when differing perspectives exist

Self-Guided Priority Identification
MyHealthPriorities.org

PPC Resources and Tools
PatientPrioritiesCare.org/health-professionals/

VA-Specific Toolkit
VAPPCTools.PatientPrioritiesCare.org/

Care Alignment Strategies
DecisionGuide.PatientPrioritiesCare.org/

patient priorities care
Age-Friendly Health Systems

GRECC
Geriatric Research Educator and Clinical Center

U.S. Department of Veterans Affairs

Patient Priorities Care

POCKET CARD

TIPS

Use Patient's Priorities to ...

Consider which conditions, treatments and life circumstances/social determinants are affecting the most bothersome health problem or goals

Consider what current and potential interventions are consistent with health outcome goals and care preferences based on above step

Focus communication with the patient and colleagues

Guide serial trials to start, stop or continue interventions

Align decisions with priorities, especially when differing perspectives exist

Self-Guided Priority Identification
MyHealthPriorities.org

PPC Resources and Tools
PatientPrioritiesCare.org/health-professionals/

VA-Specific Toolkit
VAPPCTools.PatientPrioritiesCare.org/

Care Alignment Strategies
DecisionGuide.PatientPrioritiesCare.org/

patient priorities care
Age-Friendly Health Systems

GRECC
Geriatric Research Educator and Clinical Center

U.S. Department of Veterans Affairs